



Republika ng Pilipinas  
KAGAWARAN NG KALUSUGAN  
PAMBANSANG SANGGUNIAN SA NUTRISYON  
(NATIONAL NUTRITION COUNCIL)  
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting  
held on June 10, 2021 via Zoom

**RNC-NCR RESOLUTION NO. 03**  
**Series of 2021**

**“RESOLUTION ENJOINING ALL LOCAL GOVERNMENT UNITS TO ENSURE  
INCLUSION OF 4Ps BENEFICIARIES IN THE FIRST 1000 DAYS PROGRAM  
AND OTHER PPAN PROGRAMS”**

**WHEREAS**, in 2019, President Rodrigo Roa Duterte signed the Republic Act No. 11310 or the “*Pantawid Pamilyang Pilipino Program (4Ps)*” Act as the national poverty reduction strategy and a human capital investment program of the government;

**WHEREAS**, the *Pantawid Pamilyang Pilipino Program (4Ps)* is a human development program of the national government that invests in the health and education of poor households, particularly of children 0-18 years old;

**WHEREAS**, the 4Ps strategy provides cash transfer to poor households to improve the health, nutrition and education aspect of their lives if they are compliant to the program conditionalities;

**WHEREAS**, two (2) of the 4Ps conditionalities include: (1) pregnant women must avail pre- and post-natal care, and be attended during childbirth by a trained professional; and (2) children-beneficiaries aged 0-5 years old must receive regular preventive health check-ups and vaccines;

**WHEREAS**, based on the 2015 Updating of the Nutritional Status of Filipino Children and Population Groups conducted by the DOST-Food and Nutrition Research Institute, among the eligible households for the *Pantawid Pamilyang Pilipino Program (4Ps)*, only 26% of households in the country participates in the 4Ps and about 15% (14.7%) are from NCR;

**WHEREAS**, the Philippine Plan of Action for Nutrition (PPAN) is the country’s framework to address malnutrition in the country where two (2) of its strategic thrusts is focusing on the first 1000 days of life and complementation of nutrition-specific and nutrition-sensitive programs;

**WHEREAS**, the first 1000 days of life is the period of pregnancy up to the first two years of the child and the period during which key health, nutrition, early education and related services should be delivered to ensure the optimum physical and mental development of the child;

**WHEREAS**, for the nutrition-specific and sensitive programs to be effective, there is a need to converge these programs in nutritionally-needy and at-risk families and communities;

**NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED**, by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, enjoins all local government units in the National Capital Region to include *Pantawid Pamilyang Pilipino Program (4Ps)* beneficiaries in their First 1000 Days and other PPAN programs;



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**RESOLVED FURTHER**, for LGUs of the National Capital Region through their local nutrition committees to:

1. Coordinate with 4Ps City/Municipal links to identify the 4Ps beneficiaries;
2. Include in the Masterlists of Beneficiaries of nutrition programs the identified 4Ps beneficiaries particularly:
  - a. pregnant women to avail of the following: pre- and post-natal care including delivery in a health facility; nutrition counseling and other nutrition education intervention classes, and dietary supplementation if needed, micronutrient supplementation, livelihood support, among others;
  - b. children-beneficiaries aged 0-5 years old to receive regular preventive health check-ups, immunization, micronutrient supplementation, and growth development monitoring and promotion;
3. Include in monitoring of their LNAPs the status of implementation of RA 11310


**RESOLVED FURTHER**, for the NNC-NCR Regional Office being the Secretariat to:

1. coordinate and monitor the implementation of this resolution
2. report the status of implementation to the RNC
3. review the effectiveness of implementation of this resolution after three (3) years of its implementation

**RESOLVED FURTHER**, for the NNC-NCR Regional Office being the Secretariat of the RNC to furnish the NNC Central Office, all members of the RNC and all LGUs in the region a copy of this resolution.

**APPROVED UNANIMOUSLY AND ADOPTED**, this 10<sup>th</sup> day of June 2021 during the meeting of the Regional Nutrition Committee held via Zoom.

*Approved by:*

  
**GLORIA J. BALBOA, MD, MPH, MHA, CEO VI, CESO III**  
*Chair, Regional Nutrition Committee*  
*Director IV, Metro Manila Center for Health Development*

*Attested by:*

  
**MS. MILAGROS ELISA V. FEDERIZO, RND, MPH**  
*Regional Nutrition Program Coordinator, NNC-NCR*  
*RNC Secretariat*